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Level 3 – 8th June 2023

Smiling lessons in Japan after years of mask-wearing

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<https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

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Please try Levels 0, 1 and 2 (they are easier).

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THE ARTICLE

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

People in most countries have stopped wearing masks. In Japan, many people are still covering up. Some of those who have gone maskless, or who want to, are taking lessons in how to smile. A lot of adults say they have "forgotten" how to smile naturally after three years of wearing a face covering. They are taking lessons from "smile coaches" to relearn how to smile with confidence. One coach, Keiko Kawano from a "smile education" company, spoke to the Asahi Shimbun newspaper about her work. She said: "Mask wearing became normal, so people had fewer opportunities to smile. Many people developed a complex about smiling. I want people to smile for their physical and mental wellbeing."

Smile coaches in Japan may be busy for some time to come. A recent survey by Laibo Research found that 27.8% of company employees in their 20s to 50s would continue to wear masks. Just over two-thirds of people said they would wear a mask depending on the situation. Only 5.5% said they would go mask-free. Ms Kawano is well known in Japan. She has coached more than 4,000 people in the art of smiling. She has also trained hundreds of "smile specialists". She said: "Smiling makes a good impression on others and helps communication. It also has the effect of making yourself feel more positive." She added: "Moving and relaxing the facial muscles is the key to a good smile."

Sources: <https://www.asahi.com/ajw/articles/14902858>
<https://www.theguardian.com/world/2023/may/16/grin-and-bare-it-as-mask-mandates-end-japan-turns-to-tutors-to-relearn-how-to-smile>
<https://www.reuters.com/world/asia-pacific/japanese-get-trained-hollywood-smiles-masks-slowly-come-off-2023-06-05/>

WARM-UPS

1. SMILING: Students walk around the class and talk to other students about smiling. Change partners often and share your findings.

2. CHAT: In pairs / groups, talk about these topics or words from the article. What will the article say about them? What can you say about these words and your life?

countries / masks / Japan / adults / smiling / coach / education / complex / wellbeing
busy / survey / employees / situation / art / a good impression / positive / muscles

Have a chat about the topics you liked. Change topics and partners frequently.

3. SMILING LESSONS: Students A **strongly** believe we should all take smiling lessons; Students B **strongly** believe that's silly. Change partners again and talk about your conversations.

4. COACHES: How might coaches help with these things? Would you take a class? Why (not)? Complete this table with your partner(s). Change partners often and share what you wrote.

| | Coaching Help | Would You Join? | Why (not)? |
|---------------|---------------|-----------------|------------|
| Smiling | | | |
| Fashion | | | |
| Better sleep | | | |
| Telling jokes | | | |
| English slang | | | |
| Gaming skills | | | |

5. MASK: Spend one minute writing down all of the different words you associate with the word "mask". Share your words with your partner(s) and talk about them. Together, put the words into different categories.

6. THINGS THAT MAKE US SMILE: Rank these with your partner. Put the things that make us smile most at the top. Change partners often and share your rankings.

- Jokes
- Exam success
- Babies
- Winning
- Puppies
- Getting money
- Holidays
- Free food

VOCABULARY MATCHING

Paragraph 1

- | | |
|----------------|--|
| 1. covering up | a. The state of being comfortable, healthy, or happy. |
| 2. adult | b. Teach a subject or sport. |
| 3. coach | c. A time or events that make it possible to do something. |
| 4. confidence | d. Putting something on top of or in front of something else, to protect or hide it. |
| 5. opportunity | e. A strong worry about something small that negatively affects mental health. |
| 6. complex | f. A person who is fully grown or developed. |
| 7. wellbeing | g. A positive feeling about one's own abilities or personality. |

Paragraph 2

- | | |
|------------------|---|
| 8. recent | h. An example of human creativity, skill and imagination. |
| 9. survey | i. A person highly trained or skilled in a subject, or in doing something. |
| 10. depending on | j. A thing that allows us to do or understand something. |
| 11. art | k. Looking at the opinions or experience of a group of people by asking them questions. |
| 12. specialist | l. An idea, feeling, or opinion about something or someone. |
| 13. impression | m. According to. |
| 14. key | n. Having happened, begun, or been done not long ago. |

BEFORE READING / LISTENING

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

1. TRUE / FALSE: Read the headline. Guess if a-h below are true (T) or false (F).

1. Japan is the only country where people wear masks. **T / F**
2. Some people in Japan are taking lessons from smile coaches. **T / F**
3. People had fewer chances to smile when they wore a mask. **T / F**
4. A coach wants people to smile to keep them physically healthy. **T / F**
5. A survey found that 27.8% of all Japanese people still wear a mask. **T / F**
6. Just over 5.5% of company workers do not wear a mask. **T / F**
7. A smile coach has trained more than 4,000 "smile specialists". **T / F**
8. The smile coach said relaxing really helps with a good smile. **T / F**

2. SYNONYM MATCH: (The words in **bold** are from the news article.)

- | | |
|-------------------------|------------------|
| 1. stopped | a. workers |
| 2. coaches | b. self-belief |
| 3. confidence | c. experts |
| 4. opportunities | d. discontinued |
| 5. wellbeing | e. study |
| 6. survey | f. circumstances |
| 7. employees | g. instructors |
| 8. situation | h. answer |
| 9. specialists | i. good health |
| 10. key | j. chances |

3. PHRASE MATCH: (Sometimes more than one choice is possible.)

- | | |
|--|-------------------------|
| 1. many people are still | a. muscles |
| 2. how to smile with | b. and mental wellbeing |
| 3. people had fewer opportunities | c. time to come |
| 4. Many people developed a complex | d. covering up |
| 5. I want people to smile for their physical | e. smile |
| 6. be busy for some | f. to smile |
| 7. relaxing the facial | g. on the situation |
| 8. company employees in | h. about smiling |
| 9. wear a mask depending | i. their 20s to 50s |
| 10. the key to a good | j. confidence |

GAP FILL

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

People in most countries have stopped wearing masks. In Japan, many people are still (1) _____ up. Some of those who have gone (2) _____, or who want to, are taking lessons in how to smile. A lot of adults say they have "forgotten" how to smile (3) _____ after three years of wearing a face covering. They are taking lessons from "smile coaches" to (4) _____ how to smile with confidence. One coach, Keiko Kawano from a "smile education" company, (5) _____ to the Asahi Shimbun newspaper about her work. She said: "Mask wearing became (6) _____, so people had fewer opportunities to smile. Many people developed a (7) _____ about smiling. I want people to smile for their physical and mental (8) _____."

naturally
spoke
wellbeing
covering
complex
relearn
maskless
normal

Smile coaches in Japan may be busy for some time to (9) _____. A recent survey by Laibo Research found that 27.8% of company (10) _____ in their 20s to 50s would continue to wear masks. Just over two-thirds of people said they would wear a mask (11) _____ on the situation. Only 5.5% said they would go mask-free. Ms Kawano is well (12) _____ in Japan. She has coached more than 4,000 people in the (13) _____ of smiling. She has also trained hundreds of "smile (14) _____. She said: "Smiling makes a good impression on others and helps communication. It also has the effect of making yourself feel more (15) _____. She added: "Moving and relaxing the facial muscles is the (16) _____ to a good smile."

known
employees
specialists
come
key
art
positive
depending

LISTENING – Guess the answers. Listen to check.

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

- 1) In Japan, many people are _____
 - a. still covering down
 - b. still covering up
 - c. still covering in
 - d. still covering of
- 2) A lot of adults say they have "forgotten" how _____
 - a. to smile natural lea
 - b. to smile nature lea
 - c. to smile natural
 - d. to smile naturally
- 3) Mask wearing became normal, so people _____
 - a. had fewer opportunities
 - b. had sewer opportunities
 - c. had mewer opportunities
 - d. had pure opportunities
- 4) Many people developed a _____
 - a. complex about smile in
 - b. complex a bout of smiling
 - c. complex about smiling
 - d. complex ab out smiling
- 5) I want people to smile for their physical _____
 - a. end mental well been
 - b. land mental wellbeing
 - c. and mental well been
 - d. and mental wellbeing
- 6) Smile coaches in Japan may be busy for some _____
 - a. time toucan
 - b. time took come
 - c. time to come
 - d. time too come
- 7) over two-thirds of people said they would wear a mask depending _____
 - a. on the situation
 - b. on a situation
 - c. on then situation
 - d. other situation
- 8) She has coached more than 4,000 people in the _____
 - a. are toff smiling
 - b. art toff smiling
 - c. yurt of smiling
 - d. art of smiling
- 9) Smiling makes a good impression on others _____
 - a. and heaps communication
 - b. and helps communication
 - c. and kelps communication
 - d. and yelps communication
- 10) Moving and relaxing the facial muscles _____
 - a. is the cue
 - b. is the keep
 - c. is the key
 - d. is the quay

LISTENING – Listen and fill in the gaps

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

People in most countries (1) ____ masks. In Japan, many people are still covering up. Some of those who (2) _____, or who want to, are taking lessons in how to smile. A lot of adults say they have "forgotten" how to smile naturally after three years of wearing (3) _____. They are taking lessons from "smile coaches" to relearn how to (4) _____. One coach, Keiko Kawano from a "smile education" company, spoke to the Asahi Shimbun newspaper about her work. She said: "Mask wearing became normal, so (5) _____ opportunities to smile. Many people developed a complex about smiling. I want people to smile for their (6) _____ wellbeing."

Smile coaches in Japan may be busy for some (7) _____. A recent survey by Laibo Research found that 27.8% of company employees in their 20s to 50s (8) _____ wear masks. Just over two-thirds of people said they would wear a mask depending (9) _____. Only 5.5% said they would go mask-free. Ms Kawano is well known in Japan. She has coached more than 4,000 people in (10) _____ smiling. She has also trained hundreds of "smile specialists". She said: "Smiling makes (11) _____ on others and helps communication. It also has the effect of making yourself feel more positive." She added: "Moving and relaxing the facial muscles is (12) _____ a good smile."

COMPREHENSION QUESTIONS

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

1. Where have people stopped wearing masks?
2. What have a lot of adults in Japan forgotten to do?
3. What's the job of Keiko Kawano?
4. What did people have fewer opportunities to do in Japan?
5. Why does Keiko Kawano want people to smile?
6. What's the age range of company workers who took part in a survey?
7. What percentage of company workers no longer wear masks?
8. How many people has Keiko Kawano coached?
9. What did Keiko Kawano say smiling helps?
10. What is relaxing facial muscles the key to?

MULTIPLE CHOICE - QUIZ

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

- | | |
|---|---|
| 1) Where have people stopped wearing masks? a) everywhere b) the USA c) Japan d) in most countries | 6) What's the age range of company workers who took part in a survey? a) in their 30s to 50s b) in their 20s to 50s c) in their 20s to 60s d) in their 30s to 60s |
| 2) What have a lot of adults in Japan forgotten to do? a) take off their mask b) smile c) say hello d) wear a mask | 7) What percentage of company workers no longer wear masks? a) 6.5% b) 4.5% c) 7.5% d) 5.5% |
| 3) What's the job of Keiko Kawano? a) a doctor b) a mask maker c) a smile coach d) a journalist | 8) How many people has Keiko Kawano coached? a) more than 4,000 b) exactly 4,000 c) less than 4,000 d) around 4,000 |
| 4) What did people have fewer opportunities to do in Japan? a) smile b) talk c) work d) coach | 9) What did Keiko Kawano say smiling helps? a) facial muscles b) relationships c) communication d) specialists |
| 5) Why does Keiko Kawano want people to smile? a) it looks beautiful b) for a happier world c) for their physical and mental wellbeing d) to show their teeth | 10) What is relaxing facial muscles the key to? a) locks b) a good smile c) face coverings d) good impressions |

ROLE PLAY

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

Role A – Jokes

You think jokes are the things that make us smile most. Tell the others three reasons why. Tell them why their things don't make us smile as much. Also, tell the others which of these is the least likely to make us smile (and why): puppies, exam success or free food.

Role B – Puppies

You think puppies are the things that make us smile most. Tell the others three reasons why. Tell them why their things don't make us smile as much. Also, tell the others which of these is the least likely to make us smile (and why): jokes, exam success or free food.

Role C – Exam Success

You think exam success is the thing that makes us smile most. Tell the others three reasons why. Tell them why their things don't make us smile as much. Also, tell the others which of these is the least likely to make us smile (and why): puppies, jokes or free food.

Role D – Free Food

You think free food is the thing that makes us smile most. Tell the others three reasons why. Tell them why their things don't make us smile as much. Also, tell the others which of these is the least likely to make us smile (and why): puppies, exam success or jokes.

AFTER READING / LISTENING

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

1. WORD SEARCH: Look in your dictionary / computer to find collocates, other meanings, information, synonyms ... for the words 'smile' and 'mask'.

| smile | mask |
|-------|------|
| | |

- Share your findings with your partners.
- Make questions using the words you found.
- Ask your partner / group your questions.

2. ARTICLE QUESTIONS: Look back at the article and write down some questions you would like to ask the class about the text.

- Share your questions with other classmates / groups.
- Ask your partner / group your questions.

3. GAP FILL: In pairs / groups, compare your answers to this exercise. Check your answers. Talk about the words from the activity. Were they new, interesting, worth learning...?

4. VOCABULARY: Circle any words you do not understand. In groups, pool unknown words and use dictionaries to find their meanings.

5. TEST EACH OTHER: Look at the words below. With your partner, try to recall how they were used in the text:

| | |
|--|--|
| <ul style="list-style-type: none">• countries• maskless• confidence• education• fewer• mental | <ul style="list-style-type: none">• recent• continue• just• known• good• moving |
|--|--|

SMILING SURVEY

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

Write five GOOD questions about smiling in the table. Do this in pairs. Each student must write the questions on his / her own paper.

When you have finished, interview other students. Write down their answers.

| | STUDENT 1 _____ | STUDENT 2 _____ | STUDENT 3 _____ |
|------|--------------------|--------------------|--------------------|
| Q.1. | | | |
| Q.2. | | | |
| Q.3. | | | |
| Q.4. | | | |
| Q.5. | | | |

- Now return to your original partner and share and talk about what you found out. Change partners often.
- Make mini-presentations to other groups on your findings.

SMILING DISCUSSION

STUDENT A's QUESTIONS (Do not show these to student B)

1. What did you think when you read the headline?
2. What images are in your mind when you hear the word 'mask'?
3. What do you think of face masks?
4. What was your experience of wearing face masks?
5. What do you think of smiling?
6. Should we still be wearing masks?
7. How did you feel when you went maskless?
8. Would you like to take smiling lessons?
9. How is smiling good for physical and mental wellbeing?
10. What advice do you have for people who cannot smile?

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SMILING DISCUSSION

STUDENT B's QUESTIONS (Do not show these to student A)

11. Did you like reading this article? Why/not?
12. What do you think of when you hear the word 'smile'?
13. What do you think about what you read?
14. What do you think of your smile?
15. Which person you know has the nicest smile?
16. How might a smile coach get people to smile?
17. How easy is it for you to smile?
18. Is it sometimes difficult for you to smile?
19. What makes you smile most?
20. What questions would you like to ask a smile coach?

DISCUSSION (Write your own questions)

STUDENT A's QUESTIONS (Do not show these to student B)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

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DISCUSSION (Write your own questions)

STUDENT B's QUESTIONS (Do not show these to student A)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

LANGUAGE - CLOZE

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

People in most countries have stopped (1) ____ masks. In Japan, many people are still covering (2) _____. Some of those who have gone maskless, or who want to, are taking lessons in how to smile. A lot of adults say they have "forgotten" how to smile (3) ____ after three years of wearing a face covering. They are taking lessons from "smile coaches" to relearn how to smile (4) ____ confidence. One coach, Keiko Kawano from a "smile education" company, spoke to the Asahi Shimbun newspaper about her work. She said: "Mask wearing became normal, so people had (5) ____ opportunities to smile. Many people developed a complex about smiling. I want people to smile (6) ____ their physical and mental wellbeing."

Smile coaches in Japan may be busy for some time to (7) _____. A recent survey by Laibo Research found that 27.8% of company employees in their 20s to 50s would continue to wear masks. Just (8) ____ two-thirds of people said they would wear a mask depending (9) ____ the situation. Only 5.5% said they would go mask-free. Ms Kawano is well known in Japan. She has coached more than 4,000 people in the (10) ____ of smiling. She has also trained hundreds of "smile specialists". She said: "Smiling makes a good impression (11) ____ others and helps communication. It also has the effect of making yourself feel more positive." She added: "Moving and relaxing the facial muscles is the (12) ____ to a good smile."

Put the correct words from the table below in the above article.

- | | | | | |
|-----|-------------|---------------|------------|----------------|
| 1. | (a) worn | (b) wears | (c) wear | (d) wearing |
| 2. | (a) down | (b) in | (c) out | (d) up |
| 3. | (a) natural | (b) naturally | (c) nature | (d) naturalist |
| 4. | (a) of | (b) at | (c) with | (d) on |
| 5. | (a) fewer | (b) less | (c) lot | (d) much |
| 6. | (a) for | (b) of | (c) to | (d) on |
| 7. | (a) go | (b) be | (c) have | (d) come |
| 8. | (a) over | (b) high | (c) up | (d) across |
| 9. | (a) at | (b) on | (c) in | (d) of |
| 10. | (a) craft | (b) talent | (c) art | (d) creative |
| 11. | (a) off | (b) in | (c) on | (d) out |
| 12. | (a) clue | (b) key | (c) pitch | (d) basis |

SPELLING

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

Paragraph 1

1. people are still eivcnrgo up
2. Some of those who have gone ekmslass
3. A lot of ldsaut
4. how to smile luanarlyt
5. how to smile with diefceoncn
6. their yilpcash and mental wellbeing

Paragraph 2

7. A recent vyurse by Laibo Research
8. depending on the iatsntiuo
9. hundreds of smile espilaistcs
10. Smiling makes a good isnomeisrp
11. making yourself feel more itivpeso
12. Moving and relaxing the facial uselcsm

PUT THE TEXT BACK TOGETHER

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

Number these lines in the correct order.

- () that 27.8% of company employees in their 20s to 50s would continue to wear masks. Just over two-thirds of people
- () her work. She said: "Mask wearing became normal, so people had fewer opportunities to smile. Many people developed
- () a complex about smiling. I want people to smile for their physical and mental wellbeing."
- () said they would wear a mask depending on the situation. Only 5.5% said they would go
- () confidence. One coach, Keiko Kawano from a "smile education" company, spoke to the Asahi Shimbun newspaper about
- () face covering. They are taking lessons from "smile coaches" to relearn how to smile with
- () feel more positive." She added: "Moving and relaxing the facial muscles is the key to a good smile."
- () up. Some of those who have gone maskless, or who want to, are taking lessons
- () Smile coaches in Japan may be busy for some time to come. A recent survey by Laibo Research found
- () mask-free. Ms Kawano is well known in Japan. She has coached more than 4,000 people in the art
- () in how to smile. A lot of adults say they have "forgotten" how to smile naturally after three years of wearing a
- (**1**) People in most countries have stopped wearing masks. In Japan, many people are still covering
- () of smiling. She has also trained hundreds of "smile specialists". She said: "Smiling makes a good
- () impression on others and helps communication. It also has the effect of making yourself

PUT THE WORDS IN THE RIGHT ORDER

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

1. most in stopped wearing masks . People have countries
2. Japan people In many up . are still covering
3. how forgotten to say Adults have smile . they
4. taking from are They lessons coaches . smile
5. smiling . a developed about complex people Many
6. may coaches in Smile busy . be Japan
7. also smile hundreds of has trained specialists . She
8. others . makes impression good a Smiling on
9. making of effect positive . yourself feel The more
10. muscles the Relaxing facial key . is the

CIRCLE THE CORRECT WORD (20 PAIRS)

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

People in *most* / *much* countries have stopped wearing masks. In Japan, many people are still covering *down* / *up*. Some of those who have gone maskless, or who want *maskless* / *to*, are taking lessons in how to smile. A lot of adults say they have "*forgetting*" / "*forgotten*" how to smile naturally after three years of wearing a face *concealing* / *covering*. They are taking lessons from "smile coaches" to relearn how to smile with *confident* / *confidence*. One coach, Keiko Kawano from a "smile education" company, *spoke* / *speaks* to the Asahi Shimbun newspaper about her work. She said: "Mask wearing became *norm* / *normal*, so people had fewer opportunities to smile. Many people developed *the* / *a* complex about smiling. I want people to smile for their physical and *mentally* / *mental* wellbeing."

Smile coaches in Japan may *be* / *have* busy for some time to *come* / *go*. A recent survey by Laibo Research found that 27.8% of company employees in *them* / *their* 20s to 50s would continue to wear masks. Just *over* / *more* two-thirds of people said they would wear a mask *depending* / *depends* on the situation. Only 5.5% said they would go mask-free. Ms Kawano is well *knowing* / *known* in Japan. She has coached more than 4,000 people in the art of smiling. She has also trained hundreds *to* / *of* "smile specialists". She said: "Smiling makes a *well* / *good* impression on others and helps communication. It also has the *affect* / *effect* of making yourself feel more positive." She added: "Moving and relaxing the facial muscles is the *key* / *lock* to a good smile."

Talk about the connection between each pair of words in italics, and why the correct word is correct. Look up the definition of new words.

INSERT THE VOWELS (a, e, i, o, u)

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

P__pl_ _n m_st c__ntr__s h_v_ st_pp_d w__r_ng m_sks. _n J_p_n, m_ny p__pl_ _r_ st_ll c_v_r_ng _p. S_m_ _f th_s_ wh_ h_v_ g_n_ m_skl_ss, _r wh_ w_nt t_, _r_ t_k_ng l_ss_ns _n h_w t_ sm_l_. _ l_t _f _d_lts s_y th_y h_v_ "f_rg_tt_n" h_w t_ sm_l_ n_t_r_lly _ft_r thr__ y__rs _f w__r_ng _ f_c_ c_v_r_ng. Th_y _r_ t_k_ng l_ss_ns fr_m "sm_l_ c__ch_s" t_ r_l__rn h_w t_ sm_l_ w_th c_nf_d_nc_. _n_ c__ch, K__k_ K_w_n_ fr_m _ "sm_l_ _d_c_t__n" c_mp_ny, sp_k_ t_ th_ _s_h_ Sh_mb_n n_wsp_p_r _b__t h_r w_rk. Sh_ s__d: "M_sk w__r_ng b_c_m_ n_rm_l, s_ p__pl_ h_d f_w_r _pp_rtn_t__s t_ sm_l_. M_ny p__pl_ d_v_l_p_d _ c_mpl_x _b__t sm_l_ng. _ w_nt p__pl_ t_ sm_l_ f_r th__r phys_c_l _nd m_nt_l w_llb__ng."

Sm_l_ c__ch_s _n J_p_n m_y b_ b_sy f_r s_m_ t_m_ t_ c_m_. _ r_c_nt s_rv_y by L__b_ R_s__rch f__nd th_t 27.8% _f c_mp_ny _mpl_y__s _n th__r 20s t_ 50s w__ld c_nt_n__ t_ w__r m_sks. J_st _v_r tw_-th_rds _f p__pl_ s__d th_y w__ld w__r _ m_sk d_p_nd_ng _n th_ s_t__t__n. _nly 5.5% s__d th_y w__ld g_ m_sk_fr__. Ms K_w_n_ _s w_ll kn_wn _n J_p_n. Sh_ h_s c__ch_d m_r_ th_n 4,000 p__pl_ _n th_ _rt _f sm_l_ng. Sh_ h_s _ls_ tr__n_d h_ndr_ds _f "sm_l_ sp_c__l_sts". Sh_ s__d: "Sm_l_ng m_k_s _ g__d _mpr_ss__n _n _th_rs _nd h_lps c_mmn_c_t__n. _t _ls_ h_s th_ _ff_ct _f m_k_ng y__rs_lf f__l m_r_ p_s_t_v_." Sh_ _dd_d: "M_v_ng _nd r_l_x_ng th_ f_c__l m_scl_s _s th_ k_y t_ _ g__d sm_l_."

PUNCTUATE THE TEXT AND ADD CAPITALS

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

people in most countries have stopped wearing masks in japan many people are still covering up some of those who have gone maskless or who want to are taking lessons in how to smile a lot of adults say they have forgotten how to smile naturally after three years of wearing a face covering they are taking lessons from smile coaches to relearn how to smile with confidence one coach keiko kawano from a smile education company spoke to the asahi shimbun newspaper about her work she said mask wearing became normal so people had fewer opportunities to smile many people developed a complex about smiling i want people to smile for their physical and mental wellbeing

smile coaches in japan may be busy for some time to come a recent survey by laibo research found that 278 of company employees in their 20s to 50s would continue to wear masks just over twothirds of people said they would wear a mask depending on the situation only 55 said they would go maskfree ms kawano is well known in japan she has coached more than 4000 people in the art of smiling she has also trained hundreds of smile specialists she said smiling makes a good impression on others and helps communication it also has the effect of making yourself feel more positive she added moving and relaxing the facial muscles is the key to a good smile

PUT A SLASH (/) WHERE THE SPACES ARE

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

People in most countries have stopped wearing masks. In Japan, many people are still covering up. Some of those who have gone maskless, or who want to, are taking lessons in how to smile. A lot of adults say they have "forgotten" how to smile naturally after three years of wearing a face covering. They are taking lessons from "smile coaches" to relearn how to smile with confidence. One coach, Keiko Kawanishi from a "smile education" company, spoke to the Asahi Shimbun newspaper about her work. She said: "Mask wearing became normal, so people had fewer opportunities to smile. Many people developed a complex about smiling. I want people to smile for their physical and mental well-being." Smile coaches in Japan may be busy for some time to come. A recent survey by Laibo Research found that 27.8% of company employees in their 20s to 50s would continue to wear masks. Just over two-thirds of people said they would wear a mask depending on the situation. Only 5.5% said they would go mask-free. Ms Kawanishi is well known in Japan. She has coached more than 4,000 people in the art of smiling. She has also trained hundreds of "smile specialists". She said: "Smiling makes a good impression on others and helps communication. It also has the effect of making yourself feel more positive." She added: "Moving and relaxing the facial muscles is the key to a good smile."

FREE WRITING

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

Write about **smiling** for 10 minutes. Comment on your partner's paper.

[illegible]

ACADEMIC WRITING

From <https://breakingnewsenglish.com/2306/230608-smiling-classes.html>

We should all go to smiling classes. Discuss.

[illegible]

HOMEWORK

1. VOCABULARY EXTENSION: Choose several of the words from the text. Use a dictionary or Google's search field (or another search engine) to build up more associations / collocations of each word.

2. INTERNET: Search the Internet and find out more about this news story. Share what you discover with your partner(s) in the next lesson.

3. SMILING: Make a poster about smiling. Show your work to your classmates in the next lesson. Did you all have similar things?

4. SMILING CLASSES: Write a magazine article about having smiling classes at school. Include imaginary interviews with people who are for and against this.

Read what you wrote to your classmates in the next lesson. Write down any new words and expressions you hear from your partner(s).

5. WHAT HAPPENED NEXT? Write a newspaper article about the next stage in this news story. Read what you wrote to your classmates in the next lesson. Give each other feedback on your articles.

6. LETTER: Write a letter to an expert on smiling. Ask him/her three questions about it. Give him/her three of your ideas on how to make people smile more. Read your letter to your partner(s) in your next lesson. Your partner(s) will answer your questions.

ANSWERS

VOCABULARY (p.4)

1. d 2. f 3. b 4. g 5. c 6. e 7. a
8. n 9. k 10. m 11. h 12. i 13. l 14. j

TRUE / FALSE (p.5)

- 1 F 2 T 3 T 4 T 5 F 6 T 7 F 8 T

SYNONYM MATCH (p.5)

| | | | | |
|------|------|------|------|-------|
| 1. d | 2. g | 3. b | 4. j | 5. i |
| 6. e | 7. a | 8. f | 9. c | 10. h |

COMPREHENSION QUESTIONS (p.9)

1. In most countries
2. Smile
3. A smile coach
4. Smile
5. For their physical and mental wellbeing
6. In their 20s to 50s
7. 5.5%
8. More than 4,000
9. Communication
10. A good smile

WORDS IN THE RIGHT ORDER (p.19)

1. People in most countries have stopped wearing masks.
2. In Japan many people are still covering up.
3. Adults say they have forgotten how to smile.
4. They are taking lessons from smile coaches.
5. Many people developed a complex about smiling.
6. Smile coaches in Japan may be busy.
7. She has also trained hundreds of smile specialists.
8. Smiling makes a good impression on others.
9. The effect of making yourself feel more positive.
10. Relaxing the facial muscles is the key.

MULTIPLE CHOICE - QUIZ (p.10)

1. d 2. b 3. c 4. a 5. c 6. b 7. d 8. a 9. c 10. b

ALL OTHER EXERCISES

Please check for yourself by looking at the Article on page 2.
(It's good for your English ;-)